

We pledge ourselves to keep the commandments of God and His Church, in particular to keep holy the Lord's Day.

We also pledge ourselves to make the practices of the Christian religion, especially the frequent reception of the Sacrament of Reconciliation and Holy Communion, an integral part of our lives.

Finally, we promise you,  
O glorious Mother of God, and loving Mother of all,  
to dedicate ourselves with all our hearts  
to the service of devotion to your Immaculate Heart.  
Through the sovereignty of your Immaculate Heart,  
may we hasten and assure  
the coming of the kingdom of the Sacred Heart  
of your adorable Son,  
in our own hearts and in the hearts of all,  
in our country and in all the world,  
on earth as in Heaven. Amen.



## **FIRST SATURDAY DEVOTIONS TO THE IMMACULATE HEART OF MARY**



### **PRAYER OF REPARATION BEFORE THE BLESSED SACRAMENT**

Most Holy Trinity, Father, Son and Holy Spirit,  
I adore you profoundly, and I offer you the most precious  
Body, Blood, Soul and Divinity of Our Lord Jesus Christ  
present in all the tabernacles of the world,  
in reparation for the outrages, sacrileges and  
indifference by which He is offended,  
and by the infinite merits of His Most Sacred Heart,  
and through the Immaculate Heart of Mary,  
I beg of you the conversion of poor sinners.

## THE DIVINE PRAISES

Blessed be God.  
Blessed be His holy name.  
Blessed be Jesus Christ, true God and true Man.  
Blessed be the name of Jesus.  
Blessed be His most Sacred Heart.  
Blessed be His most Precious Blood.  
Blessed be Jesus in the most Holy Sacrament of the Altar.  
Blessed be the Holy Spirit, the Paraclete.  
Blessed be the great Mother of God, Mary most holy.  
Blessed be her holy and Immaculate Conception.  
Blessed be her glorious Assumption.  
Blessed be the name of Mary, Virgin and Mother.  
Blessed be St. Joseph, her spouse most chaste.  
Blessed be God in His angels and in His Saints.

## THE ANGELUS

The Angel of the Lord declared unto Mary  
**And she conceived by the Holy Spirit.**  
**Hail Mary...**

Behold the handmaid of the Lord  
**Be it done unto me according to thy word.**  
**Hail Mary...**

And the Word was made flesh  
**And dwelt among us.**  
**Hail Mary...**

Pray for us, O holy Mother of God  
**That we may be made worthy of the promises of Christ.**

Let us pray.

**Pour forth, we beseech thee, O Lord, thy grace into our hearts, that we, to whom the Incarnation of Christ, thy Son, was made known by the message of an angel, may, by His Passion and Cross, be brought to the glory of His Resurrection, through the same Christ, our Lord. Amen.**

May the Divine Assistance be always with us.  
**And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.**

## ACT OF CONSECRATION TO THE IMMACULATE HEART OF MARY

O Mary, Virgin most powerful and Mother of mercy,  
Queen of Heaven and Refuge of sinners,  
we consecrate ourselves to your Immaculate Heart.  
We consecrate to you our very being and our whole life;  
all that we have, all that we love, all that we are.

We give to you our bodies, our hearts and our souls;  
we give to you our homes, our families, our country.  
We desire that all that is in us and around us may belong to  
you, and may share in the benefits of your motherly blessing.

And that this Act of Consecration may be truly fruitful and  
lasting, we renew this day, at your feet, the promises of our  
baptism.

We pledge to profess courageously, and at all times, the  
truths of our Holy Faith, and to live as befits Catholics who  
are duly submissive to the teaching of the Pope and the  
Bishops in communion with him.